



Registered Nurses
Professional Development Centre

Professional Nursing in Canada

Course Description

Professional Nursing in Canada is designed to review professional concepts, issues, and practices for registered nurses in Canada. The course focuses on the development of critical thinking, evidence-based practice, effective communication skills, an introduction to legal and ethical frameworks, and the Canadian health care system. Concepts related to health promotion, family nursing, cultural sensitivity, and nursing research are also explored.

If this course is a requirement to meet educational gaps it must be completed prior to or in conjunction with other required course in the program.

Course Outcomes

By the end of the course the learner will:

1. Describe the expectations and roles of registered nurses and the delivery of health care in Canada.
2. Develop knowledge of professional responsibilities, legal, and ethical standards, and the requirements of accountability to meet the standards of safe, competent nursing practice in Canada.
3. Identify health promotion and illness/injury prevention strategies, health determinants, and common health problems of Canadians.
4. Describe how health and wellness care is delivered in the Canadian health care system, including an understanding of patient-centered collaborative care and safety/quality concepts.
5. Identify the components of community health nursing and how it is practiced in Canada.
6. Describe how to practice nursing in a manner that is culturally sensitive.
7. Identify teaching and learning principles.
8. Develop critical thinking skills related to assessing, planning, implementing, and evaluating nursing care measures, incorporating evidence-based practice.
9. Understand how palliative care is delivered in the Canadian health care system.

Format and Length of Course

This course is delivered on-line with three mandatory on-line discussion sessions. It takes 10 weeks to complete.

Content

Units	Topics
1	What is Health? <ul style="list-style-type: none"> • Concept of health • Determinants of health • Common health issues of people living in Maritimes
2	Diversity <ul style="list-style-type: none"> • Culturally sensitive nursing care • People of the Maritimes • Vulnerable populations • Barriers to care • Spirituality and nursing care
3	Patient Centred Collaborative Care <ul style="list-style-type: none"> • Interprofessional Team • Principles of PCCC • Roles of Team members • Role of Family • Role of Patient
4	The Profession of Nursing in Canada <ul style="list-style-type: none"> • Nursing as a profession • Nursing practice standards • Scope of nursing practice • Roles and Responsibilities of the registered nurse in Canada • Leadership • Continuing competence, fitness to practice and reflective practice
5	The Nursing Process and Care Planning <ul style="list-style-type: none"> • Critical thinking and nursing judgment • Nursing process and decision making • Care planning
6	Client Teaching and Learning <ul style="list-style-type: none"> • Teaching/learning process • Teaching /learning principals • Teaching approaches in nursing • Individualized teaching plan
7	Values, Ethics and Legal Issues in Canadian Nursing Practice <ul style="list-style-type: none"> • CNA Code of Ethics • Ethical issues • Legal limits of nursing • Legal liability in nursing • Limiting the chance of legal or professional discipline action • Informed consent and confidentiality

Units	Topics
8	Health Care Delivery <ul style="list-style-type: none"> • History of Medicare • Challenges • Levels of care and settings • Primary health care • Population health • Health promotion and disease prevention
9	Safety and Quality Improvement in Nursing <ul style="list-style-type: none"> • Safety in health care • Workplace safety • Quality Improvement • Violence/Interpersonal • Required Organizational Practices • Trends
10	Nursing Research and Evidence-Informed Practice <ul style="list-style-type: none"> • Evidence-informed practice • Nurse role in research • Critical inquiry • Nursing informatics
11	Community Based Nursing Practice <ul style="list-style-type: none"> • Community health nursing in Canada • Community nursing practice standards • Trends in community health nursing • Global health issues • Emergency preparedness and pandemic-planning
12	Palliative Care and Hospice Care In Canada <ul style="list-style-type: none"> • Current trends in end-of-life care • Role of the Registered Nurse • Client/Family centered approach • Cultural awareness • Advance directives and MAID